



# COVID-19

## HOW TO PLAN AHEAD

*Due to the rapidly evolving nature of the situation, information below is subject to change. The Nevada Division of Public and Behavioral Health (DPBH) will be updating information as frequently as possible. For the most current information, visit <https://www.cdc.gov/coronavirus/2019-ncov/index.html>.*

- 1** Make plans for your children and yourself in the case of a school shutdown.



- 2** Make plans for pets and elders as needed.



- 3** Check in with your work about sick leave and telework options.



- 4** Make a list of emergency contacts—family, friends, neighbors, carpool drivers, health care providers, teachers, employers, local public health department and community resources.



- 5** Do an inventory check—gather extra supplies such as soap, tissue, alcohol-based hand sanitizer, and basic pantry staples. Make sure your prescriptions are up to date.

